How to Make A Mask
And Fight COVID-19

When wearing a cloth face covering be sure it:

- Fits snugly
- Is secured with ties or ear loops
- Contains multiple layers of fabric
- Allows for breathing without restriction
- Can be washed or laundered

For more information visit CDC.gov

RideMETRO.org
WEAR A MASK
FIGHT COVID-19

MATERIALS YOU WILL NEED

- Bandana (or square cotton cloth approximately 20”x20”)
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

Bandana Cloth Face Covering (no sew method)

1. Fold bandana in half.
2. Fold top down. Fold bottom up.
3. Place rubber bands or hair ties about 6 inches apart.
4. Fold side to the middle and tuck.
5. 
6. Place rubber bands or hair ties about 6 inches apart.